

From The Staff

Place Refrigerator Magnet HERE

at Shires Housing

#### **IMPORTANT PHONE NUMBERS**

Shires Housing Office: 802-442-8139 ext. 0

MAINTENANCE - 1-844-256-4706

Please be as specific as possible when relaying your maintenance request to the call center.

#### Mark your calendars!

## Career and Job Expo

Bennington Firehouse **October 19, 2018** 11:00 am to 2:00 pm

Looking for a new job? Want to make some extra money? This is your opportunity! Check it out - see what's available!

#### Fallapalooza!

Downtown Bennington **Saturday, October 27, 2018** 11:00 am to 3:00 pm



Bring the kids trick-or-treating, safely, store-to-store for gifts and games. Other events include: Pumpkin Carving, Bennington Farmer's Market; Roaming Railroad Rides; Gift and Food Vendors.

#### We Want Your Thoughts & Feedback!

#### Stop by, call, write, or e-mail us!

Our Shires Housing office is located at 302A South Street.

Mail: Shires Housing, P.O. Box 1247 • Bennington, VT 05201

Phone: 802-442-8139 • Fax 802-442-5125

www.shireshousing.org • info@shireshousing.org





### Newsletter



#### By November 1

Remove air conditioners & close windows if temperature is below 40°

Yup, it's that time of year again! Now that it's getting colder, remember to remove any air conditioning units by November 1.

Also in November, make sure to keep your windows closed if the temperature is below 40°. This is important! If we see an open window in your apartment, you will be fined \$50! Even worse... repeated violations can result in you being evicted.

#### Refer a Friend

to Shires Housing and get \$100.00 OFF

Your Next Month's Rent!\*

Our mission is simple. We provide top-quality apartments at prices that fit your budget. Anything we can do to improve the enjoyment of your home, to keep costs low, and to be safe and welcoming for everyone is what we want to do.

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#### **Health And Wellness Fair**

"Health is not just

the absence of dis-

ease ... it is the

complete physical,

mental and social

well-being"

- Helvie, 1998

Shires Housing and SASH are committed to the wellbeing of our communities and residents. We have proudly sponsored Health and Wellness Fairs for four years now, both in Jacksonville and Ben-

nington Vermont. These
events are open to
everyone in the region,
and are completely free.
At the Wellness

Fair you can expect to find a variety of community programs gathered to promote general health. There will be

scheduled presentations, and educational materials to pick up. A flu clinic will also be on site, which is timely as we head into the cooler months of the year. And this year we will be adding childrens' play areas and treat bags for little ones.

Our goal is to provide a collective forum in an effort to foster health promotion and prevention awareness for individuals, families and community members so that they may achieve their

> highest level of wellness. In short, we're here to help you be the best you can be, and encourage everyone to join us and participate.

The 4th Annual Health and Wellness Fair in Jacksonville will be held on October 24th from 10AM - 2PM at the Jacksonville Municipal

Center 2948, on route 100.

The 2nd Annual Health and Wellness Fair in **Bennington** will be held on October 30th from 10AM - 2PM at the Masonic Hall at 504 Main Street.

**INSIDE: Cold Mornings • Bennington Activities** 

### **Daylight Savings Time**

We're getting an hour back! Remember to turn your clocks back an hour on Sunday, November 4th, 2018 at 2:00 AM. You don't actually have to do this at 2:00 AM if you aren't already awake at that time. Just remember to do it when you get up that morning.



### Outdoor Clean-up!

With the hot temperatures behind us and the cold ones coming, now is a great time to have your own clean-up day. It'll be a lot easier moving things into storage or disposing of seasonal items now rather than when the frost covers your things and it's too cold to be working outdoors.

### Shires Housing is on the Move!

We've outgrown our nest and are moving into a new one!! But, rest assured, we're not moving too far!! Stay tuned for more details on our move – date to be determined.

#### Need a Laugh?

What did the tree say to autumn?

Leaf me alone!

What did one autumn leaf say to another?

I'm falling for you

What will fall on the lawn first?

An autumn leaf or a

Christmas catalog?

How do you fix a broken pumpkin?

With a pumpkin patch!

#### **RENT REMINDERS:**

- Rent payments are due on the first (1st) of each month.
- Post-dated checks ARE NOT allowed!
   If we receive a check, we're going to deposit it when received.
- ALWAYS put your name and address on all money orders.

Shires Housing now uses Rent Track to deposit your checks. In an effort to streamline our banking procedures, we are no longer depositing your checks into the actual bank. We submit them through Rent Track, who then deducts from your bank account. Rent Track is an online service that allows you to set up automatic payments for your rent. Harder to forget that way! If you pay with check, you will see "Rent Track" listed on your bank statements. If you personally have set up an account with Rent Track, and already scheduled your rent payments to be paid to us directly, nothing has changed for you. Please call our office if you have any questions regarding this new procedure or Rent Track in general.

#### E-mail is Better than Snail Mail!

If you have an e-mail address, please be sure to notify us. Send an e-mail to: Rosemarie.Rogers@ShiresHousing.org. We'll be sure to add it to our database.

#### **Pumpkin Bars**

- 1 cup graham cracker crumbs
- 2 tbs sugar
- 2 tbs butter, melted
- 11oz cream cheese
- 1/3 cup sour cream
- 1/3 cup sugar
- 2 tsp vaninlla extract
- 1 large egg, lightly beaten
- 1/2 cup canned pumpkin puree
- 1 tbs brown sugar
- 1. In small bowl, combine cracker crumbs 2 tbs sugar and stir in butter. Press into bottom of 9" square baking dish coated with cooking spray. Bake at 325F for 7-10 minutes or until set. Cool on a wire rack. 2. For filling, in a large bowl, beat the cream cheese, sour cream, 1/3 cup sugar, flour and vanilla until smooth. Add egg, beat on low setting until combined. Set aside 3/4 cup batter in small bowl and stir in pumpkin and brown sugar.
- 3. Spread plain batter over crust, then add pumpkin batter. Bake at 325F for 20-25 minutes or until center is almost set. Cool on wire rack for 1 hour. Cover and refrigerate for at least 2 hours.

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#### LOL

Aman mentioned to his landlord about the tenants in the apartment over his. "Many a night they stamp on the floor and shout till midnight."

When the landlord asked if it bothered him, he replied,"Not really, for I usually stay up and practice my trumpet till about that time most every night anyway."

A woman gets on a bus with her baby. The driver says: "Ugh, that's the ugliest baby I've ever seen."

The woman walks to the rear of the bus and sits down, fuming. She says to the man next to her: "The driver just insulted me."

The man says: "You go up there and tell him off. Go on, I'll hold your monkey for you."

The teacher said to his class one day, "Please stand up, anyone who thinks they're stupid."

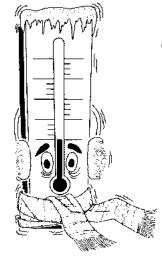
Nobody stood up so the teacher said, "I'm sure there are some stupid students in this class!"

At this point Little Johnny stood up.

The teacher said, "Oh Johnny! So you think you're stupid then?"

Little Johnny replied, "No, I just felt bad that you were standing up on your own."

#### **Cold Mornings Are Coming!**



Remember, it has to be cold enough for the thermostat sensors to kick on. A common call we get at the office this time of year is asking why the heat is not working. And what does that have to do with hot water?

Before you
call, check to
see if you
have hot
water!

Well, one actually can
help you figure out the other. If
you wake up in the morning and
it feels cold and you are wondering why the heat is not on, simply
head over to your kitchen or bath
room and turn on the hot water.

Wait a while. Does your water become hot? If so, that means your heat is working. But wait a minute! If the water is hot, and I'm still cold, what's going on here! The answer is that while it's feeling chilly, it's not

actually cold enough to set off the sensors that will turn the heat on!

It is something of a shock to your body these first few times that it is cold out after being used to all these hot days of summer. So the next time the heat is not working... check your water! If the water is hot, chances are good your heat will work fine when the time comes.

### **Looking For Something To Do Around Bennington?**

Sometimes when the weather starts cooling it feels like the world is going into hibernation. But don't let appearances fool you, Bennington continues to hop through the Fall and into the Winter seasons. Besides the special events to celebrate Autumn here are a few ideas of regular activities that are available to families.

#### Bennington Farmer's Market:

Every Saturday, 10am - 1pm until October 27, 2018. Held at the Riverwalk area at the Bennington Station on Depot Street. Come and find all kinds of fresh fruits and veggies, cheese, crafts and so much more!! After October the Market moves indoors to

#### Hello? Hello?

Do you have a voicemail that isn't set up? It's very important that we're able to leave you a message, especially in an emergency. In addition, remember to give us any new phone numbers that you have.

the Baptist Church at 601 East Main Street every other week.

#### **Community Play Group:**

Runs every Monday (except on holidays) and is for children and parents or caregivers of children 6 and under. Bring your child and explore free play, parent education, story time, are projects for both adults and child, snack time and social time. What a great opportunity for you all! The event is held at Catamount Connections, 504 Main Street in Bennington. For more information call: 447-2768.



### The Bulletin Board

Put Away Outside Toys and
Furniture – All outside toys, furniture
etc. need to be stored by November
1st. This is very important to make
sure that your property is not destroyed by the weather or hidden by
snow and crushed by the snowplow!

Remove Air Conditioners – Air conditioners must be removed by November 1st.

**Close Windows** – All windows must remain closed after November 1st when your heat is on.

Respect The Laundry - Leave the laundry room better than you found it! Make sure to clean out the lint traps after each dryer use. This will maximize drying power and get your laundry done quicker!

Report Leaks and Running Toilets -Let maintenance know if you ever find a leak in your apartment. And give a listen to your toilet, if you hear running water report that as well. That's

a sneaky leaky toilet if it's running.

No Smoking Reminder - A friendly reminder that all of your apartments are smoke-free... there is absolutely NO smoking on or around Shires Housing buildings! This includes any and all tenants, family or friends. It's fine if you want to smoke, but you have to remember to be at least 25 feet away from the building. This "25 feet rule" includes all porches... so to be clear, you need to be 25 feet AWAY from a porch to smoke.



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