

Welcome Summer!

From The Staff

Place
Refrigerator
Magnet
HERE

at Shires Housing

IMPORTANT PHONE NUMBERS

Shires Housing Office: 802-442-8139 ext. 0

MAINTENANCE - 1-844-256-4706

Please be as specific as possible when relaying your maintenance request to the call center.



Shires Housing Celebrates 30 Years!

Shires Housing is celebrating 30 years of providing safe, affordable housing to the Bennington, Arlington and Manchester communities!!
Thank YOU for being a part of our communities!!



We Want Your Thoughts & Feedback!

Stop by, call, write, or e-mail us!

Our Shires Housing office is located at 307 North Street.
Mail: Shires Housing, P.O. Box 1247 • Bennington, VT 05201
Phone: 802-442-8139 • Fax 802-442-5125
www.shireshousing.org • info@shireshousing.org



Refer a Friend
to Shires Housing and get
\$100.00 OFF
Your Next Month's Rent!*

visit our website at
shireshousing.org/my-new-apartment
to see video walkthroughs

Position available!!

We are looking for a Summer Youth Coordinator at our Applegate Community. This is a temporary/part-time position, starting July 1, 2019 through August 23, 2019. For more information on this position or to pick up an application, please contact Brenda Churco at: 442-8818.



Newsletter


Vol. 6, No. 2
Summer 2019

Our mission is simple. We provide top-quality apartments that are affordably priced. Anything we can do to improve the enjoyment of your home, to keep costs low, and to be safe and welcoming for everyone is what we want to do.

Parking Lot vs. Playground



A parking lot is where cars are parked. A playground is where kids play. Please, please, make sure kids are not playing in the parking lot! Not all drivers pay attention like they should and unfortunately, go faster than limits allow. Let's work together to make this summer a safe one!

If your child has the urge to run around and wants to climb the trees, why not bring them to a local park to unwind? There are plenty of parks, both big and small, in the area that offer safe places to play. This includes many school playgrounds that are open after school and on weekends, as well as through the summer.

In Bennington, Willow Park offers all kinds of playgrounds for children of all ages! There are forts and climbing spaces, swings and pathways. They also have picnic tables, sports' fields and a gigantic hill to roll down! Above all, it's a safe place for kids of all ages (adults, too)! Located off East Road near Kocher Drive.

The Bennington Recreation Center hosts a smaller play area with ladders and slides for little ones. Located near the corner of Gage and

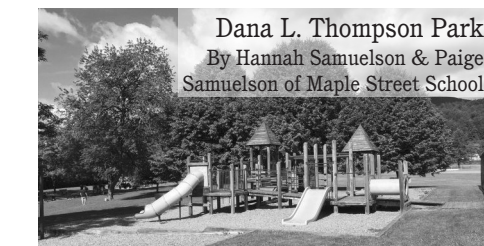
Bradford Street.

In Manchester, the Dana L. Thompson Memorial Park offers many opportunities for kids, adults AND Fido, to enjoy the outside! Your pooch can visit the dog park while the kids enjoy the skateboard park, basketball or tennis courts or the swimming pools. There is also a one-mile walking path, as well as three playgrounds. Located off Bonnet Street on Recreation Park Road.

The Arlington recreation park has several sports fields to play on as well as walking trails along the river and picnic tables. You can find it off of route 7A near the Citgo gas station.

The Lions park in North Bennington is host to a baseball field and skate park as well swings and slides. Located off Houghton Street near Depot Street.

Grab some sunscreen, a blanket and pack the picnic basket for a day of family fun at whatever park you decide. Parks are so much better than parking lots!



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Fun Summer Facts



Watermelon is the summer's favorite vegetable. Yes, vegetable and not a fruit. It is part of the cucumber, pumpkin, and squash family. Fruit or veggie, this juicy favorite is 92 percent water and the average American eats 15 pounds of watermelon a year.

Here's a fun experiment to try if you want to find out what the temperature is and don't have a thermometer. The frequency of a cricket's chirps fluctuates with the temperature, so if you count a cricket's chirps for 15 seconds and add 37, you will have the approximate outdoor temperature (in Fahrenheit).

France's Eiffel Tower grows by more than six inches in summer due to the expansion of the iron on hot days.

Rent Reminders

REMINDER: When you provide a check as payment, you authorize us to either use information from your check to make a one-time electronic fund transfer from your account OR to process the payment as a check. Checks will be converted into ACH debit, using RentTrack or a similar processing system.

REMINDER: Rent is due on the FIRST of each month!! Avoid collection calls and late fees by paying on or before the first (1st) of each month. Remember: You have the option to use Rent Track for your rent payments. By using Rent Track, you can schedule your monthly rent payment to be taken out of your account at a specific time each month online. This has proven successful for MANY of our tenants!! Out of town, not feeling up to going to the Post Office or Shires Office directly? No problem, Rent Track can be your courier and your rent will be paid on time!

Container Garden Ideas

Currently, Shires Housing residents are not permitted to have an "in lawn" / "in ground" garden. Specifically the rules state that there is to be no digging in the lawn, and no hoses. That said, there is a lot that can be done with some well placed, and carefully tended containers.

The best vegetables to grow in containers are: beets, lettuce, cucumbers, carrots, eggplant, onions, peppers, radishes, squash, tomatoes. If you're looking for some herbs to grow try basil, oregano, rosemary, thyme, or mint. And most flowers will bloom in containers indoors or out, but in summer marigold and petunias will give you the best pop of color.

REMEMBER: Vegetables in containers thrive in at least six hours of sun per day, so make sure you choose their spot



carefully. Find a surface for them to rest on near a large window if they're inside, and try to avoid the shadowy side of a building outside. You can always take advantage of a cart if your plants need to be moved around during the day.

Need containers to start your seedlings? Chinese food containers, yogurt cups, egg cartons, plastic or paper milk cartons, K-cups, plastic soda bottles (cut in half). Not only are you starting your garden, you're recycling at the same time! Just make sure

that any plastic containers have some sort of drainage hole at the bottom, which you can make yourself with a push-pin or nail, and to keep them in a warm spot until they're ready to sprout.

The Foodbank at Applegate

Join us on the 2nd Wednesday of the month at the Applegate mailbox area from 12:00 to 12:45 to "Shop for Free" from the Foodbank. If you're saying, "But I don't live at Applegate", that's fine, you don't have to be a resident of Applegate, everyone is welcome. Can't make it at 12:00? Come to the Applegate Community Building, from 5:00 - 7:00 pm that same day. This later session also includes cooking demonstrations under the direction of our own Becky Arbella, SASH Coordinator. Becky will show you how to prepare what you've shopped for, provide recipes and insightful tips on cooking healthy meals. So mark your calendars, come shop and participate in the cooking demonstrations!



Monument View

We are anxiously anticipating the completion of the Monument View development this summer. Monument View will add 24 brand new apartments in a beautiful neighborhood setting to the Shires portfolio of properties. We are looking forward to the ribbon cutting!

Quick 3 Ingredient Dinner Rolls

With just three basic ingredients and ready in about 20 minutes, these quick and easy dinner rolls will become a family favorite!

INGREDIENTS:

- 2 cups of self-rising flour
- 1 cup of milk
- 3 tablespoons of mayonnaise (heaping)

INSTRUCTIONS:

- 1) Preheat oven to 375 degrees. Generously oil or spray a 12 cup muffin tin; set aside.
- 2) In a medium bowl, stir together all in-

gredients until just moistened (do not use a mixer). Spoon evenly into the prepared muffin tin.

3) Bake for 12-15 minutes or until golden brown. Serve immediately.

VARIATIONS:

- Sprinkle batter with poppy seeds before baking.
- Brush with melted butter immediately after removing baked rolls from the oven.
- Brush a garlic, butter and parmesan cheese mixture over rolls after removing from the oven.

No Pets Allowed



" We know you have a cat . . "

NO PETS ALLOWED without pre-approval of Shires Housing Property Management. There is required criteria and paperwork that needs to be completed for pets, including pet deposits being paid and agreements being signed. So, if pet ownership is for you, prior approval is required BEFORE bringing Marmaduke or Garfield home.

Frozen Strawberry Lemonade

Here's a great recipe for the upcoming strawberry season:

INGREDIENTS:

- 5.3 ounces of fresh strawberries - hulled
- 2 tablespoons of freshly squeezed lemon juice
- ¼ cup water
- 2 tablespoons of granulated sugar - more, if you need
- 1 ½ cups of crushed ice

OPTIONAL:

- Pink sugar - for rimming the glasses:
- sugar and red food coloring
- Fresh strawberries and/or lemon wedges to garnish

INSTRUCTIONS:

- 1) Prepare the pink sugar: Put some sugar in a zip lock bag and add a drop of red food coloring. Seal the bag and gently massage the sugar with your fingers until the color is mixed through.
- 2) Run the cut side of a lemon wedge around the rim of a glass. Dip the rim into a small bowl of pink sugar and set aside. Repeat with the other glasses.
- 3) Put all the ingredients in a blender and blend until the desired consistence is reached. Taste for flavor and sweetness and adjust to your liking.
- 4) Divide the frozen strawberry lemonade between the two glasses and garnish with a strawberry and/or lemon wedge.
- 5) Serve right away and ENJOY!!

The Bulletin Board

Let the Grilling Begin!

Summer grill season is upon us. Just remember that all BBQ's and/or grills must be in the back yard. Also, the Fire Marshal requires that your BBQ/Grill must be at least 10' away from the building. Good common sense; we don't want your grilled burger to set the neighborhood on fire!

It's Lawn Maintenance Time!

Along with this, comes tenant responsibility to pick up all toys, bikes, lawn "obstructions" that may hinder our lawn maintenance contractor from doing their job. They are not responsible for items left in their way. In addition, these kinds of items should be picked up and put in their proper storage areas daily.

Kiddie pools are NOT allowed!

Save the Grass!

This might seem obvious, but just in case, we want to remind everyone to park only in designated areas, and help keep our grass beautiful.

Clotheslines & Tag Sales

Just a friendly reminder that due to zoning ordinances, we are not allowed to use clotheslines. We also are not allowed to have Tag Sales. Good thing there is eBay!

