

Welcome Fall!

From The Staff

Place
Refrigerator
Magnet
HERE

at Shires Housing

IMPORTANT PHONE NUMBERS

Shires Housing Office: 802-442-8139 ext. 0

MAINTENANCE - 1-844-256-4706

Please be as specific as possible when relaying your maintenance request to the call center.

SASH Cotillion (Gala)

Thursday, December 12th

5 - 7 pm

The Walloomsac Apartments at 206 School St.

Shires Housing and SASH (Support And Services at Home) invite you to the SASH Cotillion. The event is semi-Formal, or come as you are. Music will be provided by DJ NV (your favorite DJ). Please bring a dish or \$3 fee.

Open to all! CALL TODAY to reserve your spot!

What a way to kick off your holiday season!!

RSVP required by Friday, December 6th.

Call Kim at (802) 447-7019

Refer a Friend

to Shires Housing and get

\$100.00 OFF

Your Next Month's Rent!*

visit our website at

shireshousing.org/my-new-apartment

to see video walkthroughs

We Want Your Thoughts & Feedback!

Stop by, call, write, or e-mail us!

Our Shires Housing office is located at 307 North Street. Phone: 802-442-8139 • Fax: 802-442-5125

Mail: Shires Housing, P.O. Box 1247, Bennington, VT 05201

Phone: 802-442-8139 • Fax: 802-442-5125 • email: hello@shireshousing.org

Follow us online!

www.shireshousing.org



Shires Housing



@shireshousing

For up-to-date information and community events.

Shires Housing is always available to receive rent payments, correspondence or any other important document that you need to submit. Our **overnight dropbox** is located just around the corner, to the right of our front door. This is a safe and secure box, checked daily. Miss our regular hours - no worries, drop in the box!!



**Shires
Housing**
Southwest Vermont



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Housing**
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Newsletter



Vol. 6, No. 3
Fall 2019

Our mission is simple. We provide top-quality apartments that are affordably priced. Anything we can do to improve the enjoyment of your home, to keep costs low, and to be safe and welcoming for everyone is what we want to do.

Monument View: Bennington's Newest Neighborhood

This summer Shires Housing celebrated the opening of Monument View Apartments, adding 7 buildings with 24 units to the still growing number of affordable apartments in the region. The apartments are stunning and the neighborhood is beautiful. The new neighborhood is near to downtown Bennington on Hilltop Drive off of Silver Street.

The project began in 2017 when Shires Housing acquired the site. After working out the permits and funding construction started in 2018. With the help of a partnership between Naylor & Breen Construction, Housing Vermont, and the dedicated effort of contractors and staff it was completed and welcomed the first resident in August.



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Fall Bulletin Reminders

Casserole and Pie Recipes

Cold Weather is Coming!

Cable Installation

Getting Online For A Low Cost With Internet Essentials

Did you know that Comcast offers a low cost internet program? Internet Essentials is a no-contract, 15Mbps, in-home WiFi service. If you are eligible for public assistance programs such as the National School Lunch Program, Housing Assistance, Medicaid, SNAP, SSI, and others, then you could get online for \$9.95 a month (+tax). There is no installation fee, and no need for a credit check.

And there's more! Once enrolled

in the program you have the option of purchasing a laptop or desktop computer at a discounted price. The availability of having Xfinity Wifi hotspots gives you access to online resources on the go, The Learning Center, which is your hub for finding free online tutorials and in-person classes in your area on a wide variety of topics. If you are interested you can apply online at <https://internetessentials.com/> or call 1-855-846-8376.



Fall Bulletin Board



Put Away Outside Toys and Furniture – All outside toys, furniture etc. need to be stored by November 1st. This is very important to make sure that your property is not destroyed by the weather or hidden by snow and crushed by the snowplow!

Remove Air Conditioners – Air conditioners must be removed by November 1st.

Close Windows – All windows must remain closed after November 1st when your heat is on.

Respect The Laundry - Leave the laundry room better than you found it! Make sure to clean out the lint traps after each dryer use. This will maximize drying power and get your laundry done quicker!

Report Leaks and Running Toilets - Let maintenance know if you ever find a leak in your apartment. And give a listen to your toilet, if you hear running water report that as well. That's a sneaky leaky toilet if it's running.

No Smoking Reminder - A friendly reminder that all of your apartments are smoke-free... there is absolutely NO smoking on or around Shires Housing buildings! This includes any and all tenants, family or friends. It's fine if you want to smoke, but you have to remember to be at least 25 feet away from the building. This "25 foot rule" includes all porches... so to be clear, you need to be 25 feet AWAY from a porch to smoke.



Colder Weather and No Heat?



Before you call, check to see if you have hot water!

Well, one actually can help you figure out the other. If you wake up in the morning and it feels cold and you are wondering why the heat is not on, simply head over to your kitchen or bath room and turn on the hot water. Wait a while. Does your water become hot? If so, that means your heat is working. But wait a minute! If the water is hot, and I'm still cold, what's going on here! The answer is that while it's feeling chilly, it's not actually cold enough to set

off the sensors that will turn the heat on! It is something of a shock to your body these first few times that it is cold out after being used to all these hot days of summer. So the next time the heat is not working... check your water! If the water is hot, chances are good your heat will work fine when the time comes.

Remember, it has to be cold enough for the thermostat sensors to kick on. A common call we get at the office this time of year is asking why the heat is not working. And what does that have to do with hot water?

Breaking Ground at Lake Paran

Shires Housing kicked off construction of the Lake Paran Village apartments this September. This mixed-income development will bring needed housing to Shaftsbury, which currently only has seven units of affordable housing. Shires anticipates that construction will be completed during

the Fall of 2020 and looks forward to welcoming tenants into these highly efficient one, two, and three bedroom apartments. Shires Housing is also working to incorporate a community walking trail, conservation land, and programming in partnership with Paran Recreation to benefit its residents.



Cinnamon Roll Apple Pie

What a perfect dessert for a cold fall night!

INGREDIENTS:

- Apple pie filling (homemade or canned)
- Two cans of cinnamon rolls

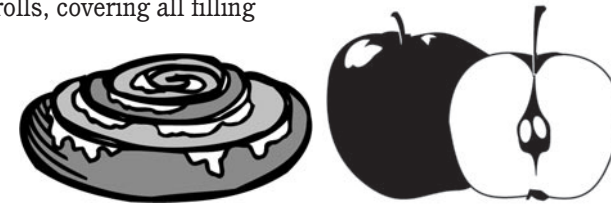
INSTRUCTIONS:

- 1) Preheat oven to 350 degrees. Spray pie plate with non-stick cooking spray.
- 2) Roll out each cinnamon roll and place in pie plate, covering the bottom and sides completely. Fill with pie filling. Top with more cinnamon rolls, covering all filling

and press edges to seal pie.
3) Bake at 350 degrees for 45 – 60 minutes. Remove from oven.

VARIATIONS:

- Top with icing from package or serve with vanilla ice cream.
- This also works great as individual pies – use a cupcake tin, place one roll in the bottom, add pie filling and top with another roll then bake.



Gluten Free Squash Casserole

A colorful squash casserole that is fresh and full of flavor – the perfect side dish!

INGREDIENTS:

- ½ cup diced onion
- 1 tablespoon thyme leaves, chopped
- 1 cup cooked brown rice
- 1 tablespoon extra-virgin olive oil
- 1 plum/roma tomato, diced
- ½ teaspoon salt
- 1/8 teaspoon pepper
- 1 medium zucchini, thinly sliced
- 1 medium yellow squash, thinly sliced
- ½ cup gluten-free shredded Italian cheese blend (2 oz)

INSTRUCTIONS:

- 1) Preheat oven to 400°F. Spray shallow casserole dish with cooking spray.
- 2) In small bowl, stir together onion, half of the thyme leaves, rice, oil, tomato, 1/4 teaspoon of the salt and the pepper.
- 3) Spoon into casserole; spread evenly. Alternately layers of zucchini and squash, overlapping slightly, on top of rice mixture. Sprinkle with remaining thyme and remaining 1/4 teaspoon salt.
- 4) Cover and bake for 20 minutes. Take the casserole out of the oven to sprinkle with cheese, then continue to bake uncovered for 10 to 12 minutes. Cool before serving.

Cable Installation



When you decide to have cable installed, changed, etc., please make sure you contact Shires Housing as well. The cable company can't just show up and expect Shires Housing to be available to let them into the necessary areas. An appointment must be made. There will be no exceptions to this policy. A **48 hour notice** is required! Contact our main office number when you have the date and time information confirmed from the cable company.

The Foodbank at Applegate

Starting in November, the VT FoodBank will be available on the 2nd Wednesday of each month, from 10:30-11:30. In addition, a "Shop For Free" night will also be held on the 2nd Wednesday, from 5:00 pm to 7:00 pm. This is all held in the Applegate Community Room and is open to all Shires Housing tenants.

Cold Weather Safety

Avoid the risk of home fires.

- Do not use your stove or oven to heat your home.

Plan for your medical needs.

- Have extra medication on hand or identify a pharmacy that can deliver them to you.

Don't forget to prepare your car!

- Get your car ready for cold weather before winter arrives.
- Service the radiator and maintain antifreeze levels.
- Check tire tread or replace with snow tires.

Equip in advance for emergencies.

- Be prepared for weather-related emergencies such as power outages.
- Stock food that needs no cooking or refrigeration and water stored in clean containers.
- Ensure that your cell phone is fully charged.

Wear appropriate outdoor clothing.

- Layers of light, warm clothing.
- Windproof coat
- Mittens/gloves, hats, scarves
- Waterproof boots



Here Comes the Snow!

Whether you love it or hate it, the snow is going to come! Please remember to move your car when it does snow. Be respectful of the snowplows and crew that will be clearing your parking spaces. If you see them coming, please move your car so they can plow that area. It's a lot easier to have them plow than for you to shovel the spot out later.